

AN GARDA SÍOCHÁNA



# MAYO/ROSCOMMON/ LONGFORD DIVISIONAL POLICING PLAN

# 2024



Ag Coinneáil Daoine Sábháilte  
**Keeping People Safe**

## Divisional Officer's Foreword

Policing Plan 2024 is the final annual plan for the Mayo/Roscommon/Longford Division under the 2022-2024 Strategy Statement. Huge progress has been delivered to meet the needs of an ever-changing Irish Society. The continued role out of the Operating Model will deliver streamlined, efficient structures focused on Community Partnerships, Proactive Policing and prioritising the support of Victims. This is demonstrated through the activities, developments and opportunities outlined within the Mayo/Roscommon/Longford Divisional Policing Plan 2024. Enhancing Community Safety and reducing the fear of Crime, while also preventing Crime from happening will continue to be prioritised.

The 2024 Divisional Policing Plan for the Mayo/Roscommon/Longford Division reflects the enhancement and evolution of a modern Policing Service provided in these three Counties. This plan sets out how An Garda Síochána will continue to uphold our core commitment to *Keeping People Safe*, grounded in the principles of our Code of Ethics and our dedication to Human Rights. We will achieve this through initiatives relating to our Diversity and Inclusion Strategy, Hate Crime Policy and developing our Human Rights Capacity.

An Garda Síochána's Strategy Statement 2022-2024 is a roadmap, a way for us to achieve our goals and assist us in improving the service we provide to the public we are so proud to serve. The plan was created through consultation with our Communities, feedback from Divisional Staff and external Stakeholders. To deliver an effective policing service requires the support of our local Communities, we will continue to work with that Community and Voluntary Groups at a local level, to ensure the common goal of a safe environment in which to live. An Garda Síochána will continue to enforce road traffic legislation and make our roads a safer place throughout 2024. High Visibility Patrols and encouragement to all road users is key to making progress. A shared responsibility for implementing safe systems across road safety policies and practices is shared among Government, Stakeholders and all road users alike.

I would like to take this opportunity to thank the people of the Mayo/Roscommon/Longford Division for their continued support and proactive engagement. I firmly believe we will strengthen the relationships we have already forged while continuing to deliver an effective and inclusive Policing Service for all during 2024.

**Ray McMahon**

**Chief Superintendent**



## How to Contact your Division – Always Call 999 or 112 in an Emergency

Superintendents and Office Contact	Station	Telephone	Opening Hours
<p><b>Mayo North Community Engagement</b></p> <p>Phone: 096 20560</p> <p>Email: <a href="mailto:MR.MayoNorth.CE@garda.ie">MR.MayoNorth.CE@garda.ie</a></p>	Ballina	096 20560	24 Hours
	Bonniconlon	096 45002	Monday 1pm-2.30pm
	Crossmolina	096 31371	Wednesday 1pm-2.30pm
	Foxford	094 9256102	Monday 3pm-4.30pm
	Killala	096 32111	Wednesday 3pm-4.30pm
	Belmullet (Béal an Mhuirthead)	097 81910	24 Hours
	Ballycroy	098 49132	Wednesday 1pm-3pm
	Bangor Erris	097 83462	Monday 1pm-3pm
	Glenamoy (Gleann an Muaidhe)	097 87844	1pm-2pm*
	Ballyhaunis	094 9630008	9pm-10pm*
			Monday & Wednesday 7pm-8pm
			Friday 10am-11am*
	Charlestown	094 9254104	First Tuesday each Month 8pm-9pm*
	Kilkelly	094 9367002	Please contact Swinford Garda Station
Kiltimagh	094 9381222	First Thursday each Month 5pm-6pm*	
Swinford	094 9252990	Monday & Thursday 10am-11am	
		Tuesday & Thursday 7pm-8pm	
		Saturday 11am-1pm	
<p>* = Subject to Resources. Any Additional Dates &amp; Times will be published on a Notice Board at the Stations or Community Newsletters.</p>			



## Mayo/Roscommon/Longford Divisional Policing Plan 2024

<p><b>Mayo South Community Engagement</b></p> <p>Phone: 094 9372080</p> <p>Email: <a href="mailto:MR.MayoSouth.CE@garda.ie">MR.MayoSouth.CE@garda.ie</a></p>	Claremorris	094 9372080	24 Hours
	Ballindine	094 9364219	Please contact Claremorris Garda Station for Opening Hours
	Ballinrobe	094 9542830	Please contact Claremorris Garda Station for Opening Hours
	Cong	094 9546002	Please contact Claremorris Garda Station for Opening Hours
	Kilmaine	093 33372	Please contact Claremorris Garda Station for Opening Hours
	Knock	094 9388102	Please contact Claremorris Garda Station for Opening Hours
	Shrule	093 31292	Please contact Claremorris Garda Station for Opening Hours
	Castlebar	094 9038200	24 Hours
	Balla	094 9365002	Please contact Castlebar Garda Station for Opening Hours
	Partry	094 9543002	Please contact Castlebar Garda Station for Opening Hours
	Westport	098 50230	24 Hours
	Achill Sound (Gob An Choire)	098 20830	Please contact Westport Garda Station for Opening Hours
	Keel	098 43102	Please contact Westport Garda Station for Opening Hours
	Louisburgh	098 66055	Please contact Westport Garda Station for Opening Hours
Newport	098 41102	Please contact Westport Garda Station for Opening Hours	
<p><b>Longford Community Engagement</b></p> <p>Phone: 043 3350570</p> <p>Email: <a href="mailto:MR.Longford.CE@garda.ie">MR.Longford.CE@garda.ie</a></p>	Longford	043 3350570	24 Hours
	Ballymahon	0906432303	Please contact Longford Garda Station for Opening Hours
	Lanesboro	043 3321102	Please contact Longford Garda Station for Opening Hours
	Kenagh	043 3322102	Please contact Longford Garda Station for Opening Hours



## Mayo/Roscommon/Longford Divisional Policing Plan 2024

	<b>Granard</b>	<b>043 687660</b>	<b>24 Hours</b>
	<b>Edgeworthstown</b>	<b>043 6671002</b>	<b>Please contact Granard Garda Station for Opening Hours</b>
	<b>Drumlish</b>	<b>043 3324102</b>	<b>Please contact Granard Garda Station for Opening Hours</b>
	<b>Smear</b>	<b>043 6684102</b>	<b>Please contact Granard Garda Station for Opening Hours</b>
<b>Roscommon Community Engagement</b>  <b>Phone: 090 6638300</b>  <b>Email: <a href="mailto:MR.Roscommon.CE@garda.ie">MR.Roscommon.CE@garda.ie</a></b>	<b>Roscommon</b>	<b>0906638300</b>	<b>24 Hours</b>
	<b>Athleague</b>	<b>0906663312</b>	<b>Please contact Roscommon Garda Station for Opening Hours</b>
	<b>Clonark</b>	<b>0906437102</b>	<b>10am-12pm</b>
	<b>Taghmaconnell</b>	<b>0909683612 or 0906437102</b>	<b>Monday to Wednesday 2.30pm-4.30pm  Friday 9.30pm-11pm</b>
	<b>Castlerea</b>	<b>0949621630</b>	<b>24 Hours</b>
	<b>Ballaghderreen</b>	<b>0949860002</b>	<b>Please contact Castlerea Garda Station for Opening Hours</b>
	<b>Ballinlough</b>	<b>0949640002</b>	<b>Please contact Castlerea Garda Station for Opening Hours</b>
	<b>Boyle</b>	<b>0719664620</b>	<b>Please contact Castlerea Garda Station for Opening Hours</b>
	<b>Elphin</b>	<b>071 9635002</b>	<b>Please contact Castlerea Garda Station for Opening Hours</b>
	<b>Frenchpark</b>	<b>0949870002</b>	<b>Please contact Castlerea Garda Station for Opening Hours</b>
	<b>Keadue</b>	<b>071 9647202</b>	<b>Please contact Castlerea Garda Station for Opening Hours</b>
	<b>Roosky</b>	<b>071 9638002</b>	<b>Please contact Castlerea Garda Station for Opening Hours</b>
	<b>Strokestown</b>	<b>071 9633002</b>	<b>Please contact Castlerea Garda Station for Opening Hours</b>
	<b>Tulsk</b>	<b>071 9639002</b>	<b>Please contact Castlerea Garda Station for Opening Hours</b>



## Mayo/Roscommon/Longford Divisional Policing Plan 2024

<b>Crime Functional Area</b> Phone: 094 9622400 Email: <a href="mailto:MR.Crime@garda.ie">MR.Crime@garda.ie</a>	<b>Castlerea</b>	<b>0949622400</b>	<b>Monday-Friday 9am-5pm</b>
<b>Roads Policing Functional Area</b> Phone: 094 9252990 Email: <a href="mailto:MR.RoadsPolicing@garda.ie">MR.RoadsPolicing@garda.ie</a>	<b>Swinford</b>	<b>0949252990</b>	<b>Monday &amp; Thursday 10am-11am Tuesday &amp; Thursday 7pm-8pm  Saturday 11am-1pm</b>
<b>Performance Assurance Functional Area</b> Phone: 0906638320 Email: <a href="mailto:MR.PAFA@garda.ie">MR.PAFA@garda.ie</a>	<b>Roscommon (Govt. Buildings)</b>	<b>0906638320</b>	<b>Monday-Friday 9am-5pm</b>

**Diversity Officers** for the Division can be found [HERE](#)

**Crime Prevention Officers** for the Division can be found [HERE](#)

**Drug Related Intimidation Inspectors** for the Division can be found [HERE](#)







## 1. Community

Continue to strengthen connections with Communities, working in partnership to Keep People Safe.

National Targets	Divisional Outcomes
<p>1.1 Work in partnership to develop sustainable solutions to address Community Safety Concerns, including the harm caused by Drugs.</p>	<p>Through the delivery of a consistent, visible and engaged Community Policing Service we will increase Public Safety and maintain the trust and confidence of our Communities. We will continue to progress initiatives with Community Partners to ensure Public Concerns are actioned upon in the Community.</p>
<p>1.2 Engage across all Communities to deliver a Policing Service that understands and responds to the diverse needs of Society.</p>	<p>The Mayo/Roscommon/Longford Division is becoming an evermore diverse Community. Garda Personnel will continue to build relationships with all Community Groups, addressing their Policing Needs. Through Diversity Awareness Training and regular engagement by Garda Diversity Officers we aim to build relationships of trust and confidence, together with the use of Social and Broadcast Media.</p>

### 1. Our Regular Work with the Community

Work	Method	Work	Method
Acting Against Drug Trafficking		School Programmes	
Protecting Communities From Drug Related Intimidation		Presentations at Sports Clubs	
Ensuring up-to-date Contact and Location Details of Vulnerable Persons		Presentations at Youth Clubs	
Community Collaboration on Anti-Social Behaviour		Youth Awards	
Supporting Diverse Communities		Addiction Support Advice	
High Visibility Initiatives			





## 2. Tackling Crime & Preventative Policing

Proactively anticipating and addressing Crime, including new and emerging Crime Trends, utilising effective Information-Led Policing Approaches.

National Targets	Divisional Outcomes
2.1 Proactively identify, target and disrupt Crime at all levels, including new and emerging Crime Types.	We aim to proactively address crime and improve safety, by identifying and disrupting new and emerging crime trends through an intelligence-led response to Crime in our Community.
2.2 Enhance our capacity and capability to address Crime through Co-ordination, Collaboration and Information-Led Approaches.	We aim to proactively address the increase in Fraud related Crime in Mayo/Roscommon/Longford through additional Specialised Units and Training in this Area and promote prevention advice and investigative practice in the area of Fraud, so there is an increased knowledge among Garda Personnel and the Public in Mayo/Roscommon/Longford Division.

## 2. Our Regular Work and Service Standards

Work	Method	Work	Method
Develop Responsive and Timely Operations to Tackle New & Seasonal Crime		Crime Prevention Through Local Radio Segment Highlighting Local Issues	
Continue to enhance our capacity to address Fraud and Cyber-Enabled Crimes		Patrols Carried Out in the Division	
Conducting Crime Prevention Activities			
Key Indicator		Key Indicator	
Number of Local Burglaries		Number of Fraud and Cyber-Enabled Incidents in the Division	
Anti-Social Behaviour/Public Order			







## 3. Victims & the Vulnerable

Reducing harm by promoting and protecting the dignity and Human Rights of Victims and all Vulnerable Persons interacting with An Garda Síochána.

National Targets	Divisional Outcomes
3.1 Work in partnership to provide Victims of Crime with appropriate Services and Supports, with a particular focus on Domestic, Sexual and Gender-Based Crime.	We aim to improve support to Victims of Domestic Violence, including Coercive Control through our Divisional Protective Services Unit and the ongoing Operation Faoiseamh, ensuring Safe, timely Contact and Intervention.
3.2 Promote and enforce responsible behaviour on our Roads, working in partnership with the Road Safety Authority and other Partner Agencies.	We aim to have safer roads, through increased detections, Operations, Awareness Campaigns and Educational Initiatives targeting a reduction in Fatal and Serious Injury Collisions.

### 3. Our Regular Work and Service Standards

Work	Method	Work	Method
Ongoing Monitoring of Post Incident Contact Rates for Victims		Creation, Distribution and Extension of Domestic Violence Information Leaflets	
Improve Public's Awareness of Coercive Control		Promote & Enforce Road Safety in the Division	
Victim Engagement and Support		Multi-Agency Checkpoints	
Key Indicator		Key Indicator	
Monitoring the Level of Contact Rates of Victims of Crime		Monitoring Number of Key Lifesaver Activities and Detections	





## 4. Protecting the Security of the Irish State

Protecting the Security of the State and its people from Terrorism and Threats to its Vital Interests.

National Targets	Divisional Outcomes
4.1 Protect the security of the State through Intelligence-Led Operations, working in partnership with Domestic and International Agencies, and identifying and disrupting Terrorist Threats and Hostile Actors.	We aim to improve security and intelligence related Governance and Training, together with External and Internal Stakeholders, in order to manage hostile actors and threats to the State in the Mayo/Roscommon/Longford Division.
4.2 On-going implementation of the Security Service Development Plan to strengthen the security and intelligence capacity and capability of An Garda Síochána.	We will continue in our Major Emergency Management Activities throughout the Division to maintain strong relationships with our security partners, ensuring preparedness for Major Safety Incidents and Rescue Operations.



## 5. Sustainable Change & Innovation

Inspiring and sustaining a culture of continuous Improvement, Enhancing Innovation and Responsiveness to Change.

National Targets	Divisional Outcomes
5.1 Embed the Structures required to enhance our Organisation's capacity and capability for Change, and to support a Culture of Continuous Improvement.	We are focusing our outcomes on change and innovation by supporting Personnel involved in deployment of Modernisation Projects and maintaining skills gained during Implementation.
5.2 Enable, Develop and Support Sustainability across An Garda Síochána through implementation of the Climate Action Roadmap 2023-2030.	We are committed to aligning our activities to the National Environmental Sustainability Plan, reducing waste and improving energy efficiency throughout the Division.



## Enabler 1: Partnerships

An Garda Síochána values being a people focused Organisation

National Targets	Divisional Outcomes
E1.1 Enhance our capacity to provide appropriate Human Resources, Training, Learning and Development Supports, enabling our Personnel to succeed in their Role.	We aim to promote An Garda Síochána as a career to diverse groups, and continue to provide appropriate training and support to all Garda Personnel to ensure their success in their roles and improve service to the Public in Mayo/Roscommon/Longford.
E1.2 Support the health and wellbeing of our Personnel through the implementation of our Health and Wellbeing Strategy.	We will continue to support Garda Personnel in their roles by promoting Mental Health and Wellbeing through Local Initiatives including access to Mental Health First Aid.



## Enabler 2: Partnerships

Engage and sustain Strategic, Collaborative Partnerships to continually strengthen our Knowledge, Service and Effectiveness.

National Targets	Divisional Outcomes
E2.1 Work with Partners to enhance a Multi-Disciplinary and 'Whole of Service' approach to Keeping People Safe.	We will continue to engage in Local Partnerships to support the Organisation's mission of Keeping People Safe in our Community.
E2.2 Explore, Develop and Embrace Opportunities to collaborate across Sectors to strengthen our Evidence-Based Approach to Service.	We will continue to engage with Local Specialists and Institutions for a fresh view on practice in safety, and knowledge in Governance and Justice.



## Enabler 3: Engagement

Develop clear two-way communication and engagement through New and Existing Channels.

National Targets	Divisional Outcomes
E3.1 Strengthen internal and external engagement through open and targeted Communications.	We aim to focus on understanding the needs of our ever increasing diverse Community to provide a transparent and responsible Police Service.
E3.2 Respond to the learnings of An Garda Síochána Culture Audit.	We will consider the outcome of the Culture Audit and feedback from our Personnel with a view to improving inclusive and supportive practice within the Division, ensuring Personnel are supported and empowered in their Role.



## Enabler 4: Empowerment & Trust

Foster a culture of empowerment and trust, rooted in integrity and the protection of Human Rights.

National Targets	Divisional Outcomes
E4.1 Promote and strengthen Professional Conduct and Ethical Behaviour in An Garda Síochána.	We will ensure all Personnel in Mayo/Roscommon/Longford have Code of Ethics and Human Rights at the core of all Operations and Decision-Making.
E4.2 Roll out An Garda Síochána Organisational Operating Model.	We continue to engage and implement improved procedures in-line with the Garda Operating Model. Centralising Processes within the Divisions, supported by modern technology, will help improve accountability while releasing more Garda Members from Administrative Duties and increasing Frontline Resources.



## Enabler 5: Information-Led Policing

Cultivate an Information-Led Service, using Data and Technology to drive efficiencies, effectiveness and Decision-Making.

National Targets	Divisional Outcomes
E5.1 Advance our Data and Technology Vision through implementation of the 2024 ICT Roadmap.	We will prioritise the deployment and integration of key ICT Projects and smart applications to empower Garda Personnel to work more effectively, improving governance of Resources.
E5.2 Leverage improved data quality to progressively expand the use of data assets in Operational Policing.	We will continue to review data quality on PULSE in order to support information-led Policing.

## Finding Additional Support

Support Type	Name	Website	Email	Telephone
Government Bodies	Mayo Joint Policing Committee	<a href="http://www.mayoppen.ie">www.mayoppen.ie</a>	<a href="mailto:mayoppn@mayococo.ie">mayoppn@mayococo.ie</a>	094 9064358
	Mayo County Council	<a href="http://www.mayo.ie">www.mayo.ie</a>	<a href="mailto:info@mayo.ie">info@mayo.ie</a>	094 9064000
	Court Services Castlebar	<a href="http://www.courts.ie">www.courts.ie</a>	<a href="mailto:castlebarcourtoffice@courts.ie">castlebarcourtoffice@courts.ie</a>	094 9043800
	Road Safety Authority	<a href="http://www.rsa.ie">www.rsa.ie</a>		096 25000
	Department of Revenue	<a href="http://www.revenue.ie">www.revenue.ie</a>		094 9034425
	Roscommon County Council	<a href="http://www.roscommon.ie">www.roscommon.ie</a>	<a href="mailto:info@roscommoncoco.ie">info@roscommoncoco.ie</a>	0906637100
	Longford County Council	<a href="http://www.longford.ie">www.longford.ie</a>	<a href="mailto:info@longfordcoco.ie">info@longfordcoco.ie</a>	043 3343300
	Roscommon Court Services	<a href="http://www.courts.ie">www.courts.ie</a>	<a href="mailto:roscommoncourtoffices@courts.ie">roscommoncourtoffices@courts.ie</a>	0906626174
	Longford Court Services	<a href="http://www.courts.ie">www.courts.ie</a>	<a href="mailto:longfordcourtoffices@courts.ie">longfordcourtoffices@courts.ie</a>	043 3346410
	Road Safety Authority Roscommon	<a href="http://www.rsa.ie">www.rsa.ie</a>		1890 406 052
	Road Safety Authority Longford	<a href="http://www.rsa.ie">www.rsa.ie</a>		1890 406 040
	Dept. of Revenue Roscommon	<a href="http://www.revenue.ie">www.revenue.ie</a>		0906637250
	Dept. of Revenue Longford	<a href="http://www.revenue.ie">www.revenue.ie</a>		043 3343400
	Community Bodies	Community Based Family Support Service – Castlebar	<a href="http://www.familysupport.ie">www.familysupport.ie</a>	<a href="mailto:C.mcnally@mayofamilysupport.ie">C.mcnally@mayofamilysupport.ie</a>
Mayo Volunteer Centre - Castlebar		<a href="http://www.volunteermayo.ie">www.volunteermayo.ie</a>	<a href="mailto:info@volunteermayo.ie">info@volunteermayo.ie</a>	087 755899
Western Alzheimer's		<a href="http://www.westernalzheimers.ie/about-us/">www.westernalzheimers.ie/about-us/</a>	<a href="mailto:info@westernalzheimers.ie">info@westernalzheimers.ie</a>	090667816
Roscommon Youth Service		<a href="https://www.youth.ie/">https://www.youth.ie/</a>	<a href="mailto:gary.nugent@foroige.ie">gary.nugent@foroige.ie</a>	086 0105547
Roscommon Lions Club		<a href="https://lionsclubs.ie/">https://lionsclubs.ie/</a>		090667816
Community Groups	Mayo Women's Refuge & Support Services	<a href="http://www.mayowomenssupportservices.com">www.mayowomenssupportservices.com</a>		
	Mayo Cancer Support Association - Castlebar	<a href="http://www.mayocancer.ie">www.mayocancer.ie</a>	<a href="mailto:info@mayocancer.ie">info@mayocancer.ie</a>	094 9038407



# Mayo/Roscommon/Longford Divisional Policing Plan 2024

	<b>Grainne Uaile Sub-Aqua Club</b>	<a href="http://www.gusac.ie">www.gusac.ie</a>		
	<b>The Wheel - National Association of Community &amp; Voluntary Organisations</b>	<a href="http://www.wheel.ie">www.wheel.ie</a>	<a href="mailto:info@wheel.ie">info@wheel.ie</a>	<b>01 4548727</b>
	<b>Roscommon Young Carers Program</b>		<a href="mailto:frc@vitahouse.org">frc@vitahouse.org</a> <a href="mailto:Youngcarersproject.frc@vitahouse.org">Youngcarersproject.frc@vitahouse.org</a>	<b>089 2388297</b>
	<b>Vita House</b>	<a href="http://www.vitahouse.org">www.vitahouse.org</a>	<a href="mailto:info@vitahouse.org">info@vitahouse.org</a>	<b>0906625898</b>
<b>Mental Health Groups</b>	<b>Mayo Mental Health Association - Castlebar</b>	<a href="http://www.mayomha.ie">www.mayomha.ie</a>	<a href="mailto:jo@samaritans.org">jo@samaritans.org</a>	<b>094 9038148</b>
	<b>Suicide Bereavement Service Mayo</b>	<a href="http://www.familycentre.com">www.familycentre.com</a>		<b>094 9025900</b>
		<a href="http://www.curamclaremorris.com">www.curamclaremorris.com</a>		<b>094 9362096</b>
		<a href="http://www.knock-shrine.ie/councelling">www.knock-shrine.ie/councelling</a>		<b>094 9375032</b>
	<b>Melting Pot</b>		<a href="mailto:teammeltingpot061@gmail.com">teammeltingpot061@gmail.com</a>	<b>086 1304869</b>
	<b>Regari</b>	<a href="https://www.recoverycollegewest.ie/regari/">https://www.recoverycollegewest.ie/regari/</a>	<a href="mailto:regarirecoverycollege@gmail.com">regarirecoverycollege@gmail.com</a>	
	<b>Roscommon Mental Health Association</b>	<a href="https://www.mentalhealthireland.ie/">https://www.mentalhealthireland.ie/</a>	<a href="mailto:mentalhealthroscommon@gmail.com">mentalhealthroscommon@gmail.com</a>	<b>0906643010</b>
	<b>Jigsaw Roscommon</b>	<a href="http://www.jigsaw.ie">www.jigsaw.ie</a>	<a href="mailto:roscommon@jigsaw.ie">roscommon@jigsaw.ie</a>	<b>0906630352</b>
	<b>CAMHS</b>	<a href="#">HSE Webpage</a>	<a href="mailto:camhs_ros@hse.ie">camhs_ros@hse.ie</a>	<b>0906626200</b>
	<b>Adult Mental Health Service</b>	<a href="#">HSE Webpage</a>		<b>086 1304869</b>
<b>Victim Support Services</b>	<b>Mayo Women's Aid Services</b>	<a href="http://www.mwss.ie">www.mwss.ie</a>	<a href="mailto:mwss@eircom.net">mwss@eircom.net</a>	<b>094 9025409</b> <b>1800 341 900</b>
	<b>Victim Support</b>	<a href="http://www.victimsupport.ie">www.victimsupport.ie</a>	<a href="mailto:info@victimsupport.ie">info@victimsupport.ie</a>	<b>01 8780870</b>
	<b>Roscommon Women's Network</b>	<a href="http://www.rwn.ie">www.rwn.ie</a>	<a href="mailto:nfahy@rwn.ie">nfahy@rwn.ie</a>	<b>0949621690</b>
	<b>Garda Victim Service</b>		<a href="mailto:Roscommonlongford.victimservice@garda.ie">Roscommonlongford.victimservice@garda.ie</a>	<b>0906638389</b>
	<b>Safe Ireland</b>	<a href="http://www.safeireland.ie">www.safeireland.ie</a>		<b>071 9141515</b>
	<b>Longford Women's Link</b>	<a href="https://www.lwl.ie">https://www.lwl.ie</a>	<a href="mailto:info@lwl.ie">info@lwl.ie</a>	<b>043 3341511</b>
<b>Elderly Groups</b>	<b>Age Action Ireland</b>	<a href="http://www.ageaction.ie">www.ageaction.ie</a>	<a href="mailto:info@ageaction.ie">info@ageaction.ie</a>	<b>01 4756989</b>
	<b>Alone</b>	<a href="http://www.alone.ie">www.alone.ie</a>	<a href="mailto:hello@alone.ie">hello@alone.ie</a>	<b>0818 222 024</b>
	<b>Psychiatry of Later Life (POL)</b>	<a href="#">HSE Webpage</a>		
	<b>Friendly Call Service</b>	<a href="http://www.rosleadpartnership.ie/?pageid=roscommon-friendly-call-service">http://www.rosleadpartnership.ie/?pageid=roscommon-friendly-call-service</a>	<a href="mailto:sandra@ridc.ie">sandra@ridc.ie</a>	<b>0906630252</b>









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	Active Age Ireland	<a href="http://www.activeirl.ie">www.activeirl.ie</a>	<a href="mailto:info@activeirl.ie">info@activeirl.ie</a>	01 8733836
	Alone	<a href="https://alone.ie/">https://alone.ie/</a>	<a href="mailto:hello@alone.ie">hello@alone.ie</a>	01 6791032



## Icon Bank

Meaning	Icon
	Virtual Meeting
	In-Person Meeting
	By Phone
	By Email
	By Post
	By Radio
	By Television
	Through Social Media
	Media Campaigns
	Training
	Through Corporate Systems
	In-Person Gardaí
	Plain Clothes Gardaí
	CCTV
	On Foot
	By Bicycle
	With Cars
	By Motorcycle
	On Buses
	On Trains





**AN GARDA SÍOCHÁNA**