



# WORLD ALZHEIMER'S DAY

Monday 21st September 2020



To promote Community Engagement and mark World Alzheimer's Day, An Garda Síochána is encouraging everyone to visit neighbours who may be feeling vulnerable and report any concerns to a relative, friend, An Garda Síochána or the relevant agency.

**THIS SHOULD BE DONE WITHIN THE LIMITS OF COVID-19 RESTRICTIONS**

## Dementia: The Facts



63% of people with dementia are living at home; making this an important community issue, which needs an inclusive community response.

One in every two of us knows someone with dementia. It affects 55,000 in Ireland alone. It is estimated that one in three people over 65 will develop dementia.

## Be a Good Neighbour



Being a good neighbour is a recognised vital component in the prevention of crime.

Good neighbours keep a friendly lookout for the people living nearby. By keeping an eye on your neighbours and calling regularly it will be apparent if something is not in order.

You may notice doors left open, no lights on, accumulated post or deliveries, curtains unopened or something else out of the ordinary. Don't ignore these signs, contact the Gardaí.



For practical information and emotional support you can contact The Alzheimer Society of Ireland on the Freephone Confidential Helpline: 1800 341 341 or [helpline@alzheimer.ie](mailto:helpline@alzheimer.ie) or visit the website at [www.alzheimer.ie](http://www.alzheimer.ie)

**IF YOU KNOW SOMEONE WITH DEMENTIA, BE A GOOD NEIGHBOUR - CALL TO THEM TODAY**

An Garda Síochána

