# COVID-19 – Symptoms, Cases and Contacts

## I have symptoms of COVID-19

> Everyone who has symptoms of COVID-19 should self-isolate until 48 hours after symptoms have substantially or fully resolved

**Only the following groups need to book a PCR test through the HSE portal**

> Aged 55 years and older who have not received a booster vaccination
> Those with a high-risk medical condition
> Those who are immunocompromised
> Those who live in the same household as a person who is immunocompromised
> Those who provide care or support for person they know to be immunocompromised
> Those who are pregnant

> Healthcare workers – Book a PCR test through HSE portal or local workplace arrangements

## I have a confirmed COVID-19 infection

| Age | Mask | Isolation |
|---|---|---|
| 13 years & older | Medical grade or FFP2 x 10 days | 7 days (Exit from self-isolation after day 7 on basis that symptoms have substantially or fully resolved for the final two of those seven days) |
| 0–12 years | Well-fitted mask (9–12yrs ) x 10 days | 7 days (Exit from self-isolation after day 7 on basis that symptoms have substantially or fully resolved for the final two of those seven days) |

## I am a close contact

| Who | Advice |
|---|---|
| Healthcare worker identified as a household close contact | Repeat antigen testing is required, unless you have recovered from COVID-19 in previous three months. No requirement to restrict movement. Self-isolate if symptoms develop |
| All other close contacts | No test required. No requirement to restrict movement. Self-isolate if symptoms develop |

**All positive cases should, for 10 days (including 7 days self-isolation):**
> Limit close contact with people outside their household, especially in crowded, enclosed or poorly ventilated spaces
> Wear a face mask in crowded, enclosed or poorly ventilated spaces & where they are in close contact with other people
> Avoid contact with anyone who is at higher risk of severe illness if infected with COVID-19
> Follow all public health protective measures.

**Note:**
Anyone of any age, regardless of underlying health condition, who has symptoms of COVID-19 and is concerned about their clinical condition should contact their GP who will provide clinical assessment and arrange PCR testing for COVID-19 as appropriate.