



An Garda Síochána



Campus Watch
Supported by An Garda Síochána

Campus Watch
Information
Sheet

Drugs Misuse

Don't let drug use end your career before it starts.

If you use drugs such as cannabis, cocaine, ketamine or MDMA, you are committing a **criminal offence** as well as **risking addiction** and/or a **conviction**.

The **consequences** could be devastating, such as:

- Loss of **career** opportunities.
- Under **achievement** in all areas of your life.
- Affecting your **opportunity** to gain **visas** therefore restricting international **travel**.
- Affecting your **health**, potentially leading to **anxiety**, **psychosis** and possible **overdose** with **fatal** consequences.

Taking other substances like cannabis edibles: jellies, sweets, drinks, vapes, or synthetic cannabinoids or nitrous oxide balloons also carry health and prosecution risks.

If you use 'study drugs' or sleeping pills which are not prescribed, the effects can be just as detrimental to your life.

Multiple or poly-drug use is extremely dangerous and increases your risk of overdose or death.




Your future is in your hands

#Riseaboveinfluence





Your future is in your hands

#Riseaboveinfluence




Your future is in your hands #Riseabovetheinfluence

Keeping people safe is our mission but you can also keep yourself safe by making **positive choices**, by **avoiding negative influences** and following the advice below:

- Contact the emergency services on **112 or 999** if you or someone you're with becomes **ill** after taking drugs.
- Make **responsible** decisions for yourself and be aware of those around you.
- Don't become another **victim** of the drug trade – drugs can affect your whole life.

National Drug Strategy 2017 - 2025 "Reducing Harm Supporting Recovery"

Ireland's strategy to reduce harm and support recovery is a health led response that sets out the Government's strategy to address the harm caused by substance misuse in our society up to 2025. An Garda Síochána are one of the lead agencies in this strategy and fully support this person centred and health led response to drugs misuse.

Drugs and the Law

The Misuse of Drugs Acts 1977 to 2016, and the Criminal Justice (Psychoactive Substances) Act 2010 are the primary Acts which provide legislation in relation to drugs offences in Ireland.

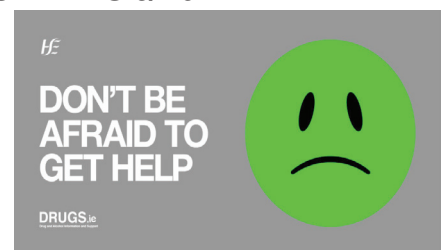
For information and support go to:

www.garda.ie or scan the QR code

www.Drugs.ie/Saferstudentnight.ie or

free phone the HSE Drug and Alcohol Helpline

on 1800 459 459 (Monday - Friday 9:30am - 5:30pm)



Campus Watch is similar to a residential Neighbourhood Watch scheme in that it is a crime prevention and community safety programme. It operates as a partnership between An Garda Síochána and the campus occupants. It works on the basis that every member of campus can help to improve the quality of life on site by keeping a look out for students, staff and visitors, and reporting suspicious activities to the gardai.

